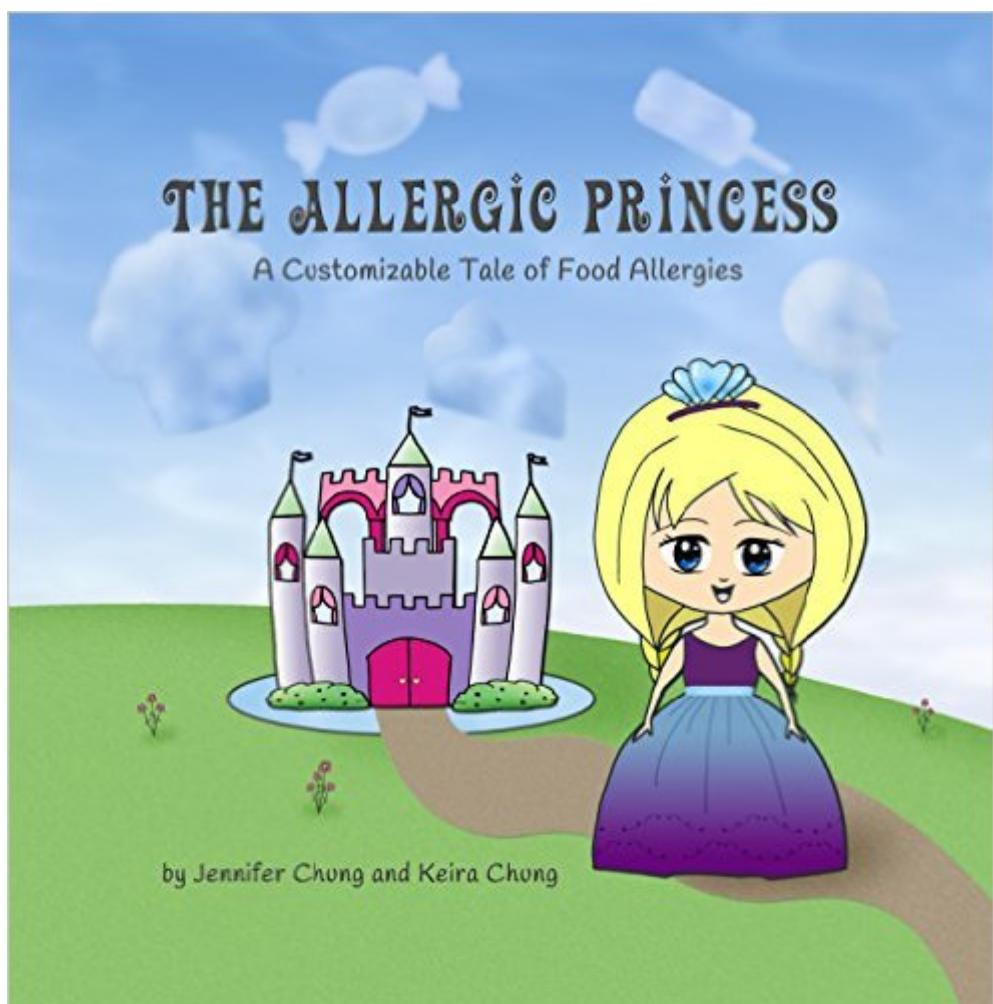


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# The Allergic Princess: A Customizable Tale Of Food Allergies



## Synopsis

The Allergic Princess is a colorful and playfully illustrated picture book that can be customized to accommodate multiple food allergies and different symptoms, thereby allowing you to target your child's specific set of food allergies. Fill in the blanks with your child's allergic foods and symptoms to create a story to which your child can fully relate. The Allergic Princess is an essential resource for food allergic children to boost their confidence to self-advocate and make the right decisions during critical food situations. Princess Isabella has food allergies. When she is tempted by unfamiliar foods, will she make the right choice to keep herself safe? Age range: 4-8 years old.

## Book Information

Paperback: 32 pages

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Language: English

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ISBN-13: 978-1534608146

Product Dimensions: 8.5 x 0.1 x 8.5 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #545,125 in Books (See Top 100 in Books) #115 in Books > Health, Fitness & Dieting > Nutrition > Food Allergies #229 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

## Customer Reviews

This book is so smart! what an idea to be able to customize the book with a child's allergy and make it so personal when you read to your child. I'm always on the lookout, but I've never found a book that had the same allergic foods as my 5yr old daughter's - until now. She loves it! I even filled in her symptoms for the allergies. This food allergy thing is a constant struggle. I think this book is a great idea. It helps my daughter feel better.. That she is not the only one worried about the birthday cake and snacks served at parties and what to tell her friends or their parents... She can really relate to the character. The illustrations are cheery and fun. It's a quick, easy read. I think it makes a good gift for other friends with allergies too. I wish there is a version for my son who also suffers from nut allergies.

This is a beautifully writing book in both context and illustration. There is a series of lessons

contained in the book that teaches confidence in a child that even though she has food allergy she is no different than any other child. Also, the discipline to say no to foods that she knows may contain ingredient that makes her sick. It teaches that a child with food allergy needs to take extra precautions and discipline but this doesn't stop her from having fun and playing along with other children. I love that the book allows you to personalize with fill in the blanks. This is a great way to turn the reading experience into something a child can relate to like it's their own storybook. Well done by Jennifer and Keira Chung!

"This book was purchased for my friend's daughter who has food allergies. She really loves how she can make the princess have the same allergic foods as her. She also enjoyed the wonderful illustrations. These illustrations, such as the use of an Epipen for an allergic reaction, were not scary and are presented in a fun manner. I think the message of this book will really resonate with all children (and their parents) who have any kind of chronic issues such as allergies, asthma, etc.."

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